# Nine Muses



Arts Affiliate of Temple of the Goddess

Invites you to a Dance Benefit and CD Release Party for

Lora Cain's Choose Love

Saturday, September 29<sup>th</sup>, 7-10 PM, \$15 Church On Ocean Park 235 Hill St. Santa Monica 90405

For more info: (310)301-0939 or lora@loracain.com

**Special Thanks:** Dawn Bodnar Sutton for *oh so much*, Ana Diaz-Ruiz for your continued generosity and our Temple of the Goddess sound system, Anne Gauldin, Laura Cummings & Les Nakashima of Spectrum Digital for Program Printing, Debra Mason of Debra Mason Designs, Fritz Heede & John Banks of Artek Images, Roy Tate, Mel Clark, Shannon Adamson & Web Panache, The Flintridge Foundation, and the Neighborhood Church.

For information about Temple of the Goddess go to: www.TempleoftheGoddess.org



# Celebrating the Seasons: Autumn Equinox September 15, 2007



# Autumn Equinox Ritual

#### Enter the Temple in Sacred Space

Anaam – Kirtan Devotional Music & Chanting Ananda, Eric Layer, Mara Hesed, Duke Novak, Prabhu Prakash Place an offering on the Harvest Altar and take an envelope & seeds to represent the dream-seeds you will be nurturing for next Spring's planting.

Harvest Processional - Lammas (Autumn Equinox) by Lisa Thiel Sung by Temple of the Goddess Choir Temple Musicians: David Jacks, Ananda, Howard Hansen, Chokae' Harvest Mother: Kamala Persephone, Joyous Daughter of Demeter: Isabella D'Agnenica Light & Dark Dancers of Equinox: Lora Cain, Phil Page

Welcoming & Invocation - Xia & Chokae'

# **Guiding Principles of Temple of the Goddess**

Read by Temple Young People, Lighting Altar Candles - Xia

# **Casting the Circle**

Zero by Wendy Rule Sung by T'Lark Galeas with Ananda & Temple Musicians Choreography: Inanna East Anne & Lianna South Briana & Lora West Karen & Sara North Kathleen & Stevie Center Pythia Zero-Spirit Dancers: Haize, Inanna, Zach, Kathryn

#### Beauty Before Me Traditional Navajo Prayer

Audience Led by Rev. Karen Tate In beauty I walk. With beauty before me, I walk. With beauty behind me, I walk. With beauty above and about me, I walk. Beauty is all around me As I walk, I walk with Beauty.

#### Shine by Wendy Rule

Sung by Ananda Viola: Kathryn Payne Keyboard: RA Dance & Choreography: Haize Rosen

# **Facilitators & Musicians**

Ananda Briana Murray David Jacks Isabella D'Agnenica Jeaninne Payne Karen Tate Kathryn Payne Lora Cain Nichole Howey Patrick Humphreys Pythia Sara Engelman Stevie St. John Witchhaizel Anne Gauldin Chokae' Howard Hansen Jean Rogers Kamala Kathleen Forrest Lianna Nakashima Marcella Lentz-Pope Pat Lentz Phil Page Ruth Ann Anderson Sherry Howey T'lark Galeas Zachary Tatum-Nolan

# Xia

# **Temple of the Goddess Choir**

Anne Gauldin Jeaninne Payne Kathryne Payne Lianna Nakashima Sherry Howey Jean Rogers Kathleen Forrest MaLisa Martin Nichole Howey T'Lark Galeas

Choir Director: Ananda Assistant Choir Director: Nichole Howey Guitar: David Jacks Music Directors: Ananda & David Jacks

Ritual Art Director: Ruth Ann Anderson Altar Artists: Ruth Ann Anderson & Kathleen Forrest Lighting: Briana Murray, Alex Endrenyi Special Effects: Alex Endrenyi Costumes & Masks: Ruth Ann Anderson & Sara Engelman Yin-Yang Balance Beam: Scott Howey Mystical Charms: Sherry Howey, Kim Wilson, Jean Rogers, Nichole Howey, Diego Serratos Recording Artists: Roy Tate, Les Nakashima

# Mystical Charm Stone Energy Associations

Young/Old: Energy associated with Youth is innocence, dreams, and newness. Citrine is for the mind, increasing psychic powers and opening the mind to new thoughts. Energy associated with Old is longevity, life lived to its fullest. Jade grants longevity and prosperity.

**Intellect/Intuition:** Energy associated with Intellect is reasoning and logical thinking. Gold Stone encourages a positive attitude and intellectually calms and refreshes. Energy associated with Intuition is of knowing, the ability to connect to one's inner guidance. Amethyst opens our psychic centers.

**Birth/Death:** Energy associated with Birth is of new beginnings, a fresh start. Moss Agate opens doors and was used by mid-wives to assist in successful birthing. Energy associated with Death is of fulfillment, a life of worth, a returning to the earth to repeat the cycle of life. Amber protects travelers and Egyptians placed it on mummies to keep the body whole forever.

**Female/Male:** Energy associated with Female is of nurturing, Yin energy, the bringer of life. Red Bamboo Coral symbolizes life and the blood force. Energy associated with Male is of physical strength, Yang energy, the seed of life. Sodalite balances male energy and stimulates endurance.

**Matter/Spirit:** Energy associated with Matter is of the literal, knowledge gained by the senses. Labradorite allows one to see through illusion to determine reality. Energy associated with Spirit is of imagination and perception, knowledge gained extra-sensory. It is of the heart. Rose Quartz is a stone of the heart as well as a love stone; universal, and a love of self.

**Animal/Human:** Energy associated with Animal is of primal urges, wild focus, determination, and Earthly protection. Tiger Eye focuses the mind and is a powerful stone of protection. Energy associated with Human is of wisdom, culture, home. Turquoise symbolizes the human bond of friendship and brings peace to the wearer.

# I am the Gardener of my Life

Spoken Word Goddess Liturgy Call and Response (Text- Page 5) Celebrant: Briana People: I am the Gardener of my life.

**Mabon** (Autumn Equinox) by Lisa Thiel Sung by Temple of the Goddess Choir Choir Director: Ananda, Guitar: David Jacks

#### The Mystical Time of Twilight: A Myth of Balance by Xia

Directed by: Pat Lentz, Soundscape: Temple Musicians Child of Duality: Patrick Humphreys Harvest Mother: Kamala & Temple Serpents: Isis & Serapis Serpent of Knowledge Puppet: by Christine Paplexis Greek Chorus: Lora, Inanna, David, Jeaninne Polarity Guardians: Dark - Zach, Light - Haize, Old/Young - Pythia, Intellect/Intuition - Stevie, Birth/Death - Sherry, Female/Male - Kathryn, Matter/Spirit - T'Lark, Animal/Human - Nichole

# **Ritual Enactment Through Drum & Dance**

As the myth comes to an end you will be invited to join us in dance, in movement, in contemplation. Receive your Unity Necklace from the Child of Duality and visit with the Polarity Guardians who will offer you one of their *Charms of Remembrance* to aid you in your journey. Then go into the Garden of Wholeness where you can dance the dance of balance.

# Sending Out Ritual Intentions - ALL

#### Gaelic Prayer by Lisa Thiel

Sung by Temple of the Goddess Choir Choir Director: Ananda, Guitar: David Jacks

#### Communion

Lianna Nakashima – Communion Cookies "We partake of Her body and give thanks in remembrance of Her never-ending Circle of Life."

# **Opening the Circle**

Goddess Liturgy: Call and Response Celebrant: Ananda & Nichole People: "Blessed Be You"

#### **Offering Thanks**

Goddess Liturgy: Call and Response Celebrant: Ananda & Nichole People: "We Remember You"

#### Lammas (Harvest Song)

by Lisa Thiel

Give thanks for the blessings, give thanks for the lessons Give thanks for all that the Goddess Provides Give thanks for this showing our dreams are now growing Give thanks for the presence of the Goddess in our lives

*Refrain:* Thank You, Thank you, O Great Mother Thank You . . .

With the first Green Corn our dreams are now taking form We ask for the strength to see the true harvest born Mother of the Corn, of Hoof, and of Horn We thank you for the Bounty you've brought to our door (refrain)

Mother of the Grain, of the Sun and of the Rain We pray for an abundant Harvest again We give thanks for the Blessings, give thanks for the lessons We give thanks for all that the Goddess Provides (refrain)

#### Mabon (Autumn Equinox) by Lisa Thiel

O now is the time of the Harvest, As we draw near to the years end Now is the time of Mabon Autumn is the time to descend

Old Woman waits patiently for us At the threshold of the labyrinth within She offers her hand that we may understand The treasures that await at journey's end

O Great Mother has given of Her body, We give thanks for Her fruit and Her grain We then clear the fields so that next harvest's yields Will be full and abundant again.

Old Woman leads us through the darkness Our most ancient and trusted of friends She carries the light of spiritual insight And leads us to our wisdom once again

And as we journey through the darkness And as we continue to descend We learn to let go of what obscures our soul And re-discover our true being in the end

#### **Zero** by Wendy Rule

Rise softly Eastern sky Gateway to an inner world Open the day and close the night And life will flow through you Now I see before me swirling element of air A purple sky to kiss the night goodbye and then The winds of birth, of change, flow gently through my hair All space is Here All time is Now Zero/Spirit

So burn brightly Southern sky Summer blue and glorious A zenith sun ignites your eye And fire flows through you Now I feel before me warming mind and soul and skin The cosmic fire fuels the fire deep within With wand in hand beneath the summer flames I'll sing All space is Here All time is Now Zero/Spirit

Melt slowly western sky Back drop to this shadow world All life is danced before your eyes And birds, they cut through you. Now I see before me curved horizon like a cup To catch the twilight that the sky is giving up And love and pain and hope and fear and joy erupt. All space is Here All time is Now Zero/Spirit

So shine coldly Northern sky Winter night so beautiful A waning moon, embroidered stars To navigate the winter Now I hear before me silence old and cold and clear A hermit song, a sigh of earth, of pressing years But winter sun you offer so much more than fear (yeah, yeah) All space is Here All time is Now Zero/Spirit

So cosmic Universe, spiraling here with us, Everything you know. Sky above and earth below. Open each door and the elements four will join hands, and they'll dance. They'll join hands, and they'll dance they'll join hands, and they'll dance in a zero Zero, spirit, zero, spirit

#### Gaelic Prayer

by Lisa Thiel

Thou art the joy of all joyous things Thou art the light of the ray of the sun Thou art the door that is open and welcome Thou art the surpassing star of guidance Thou art the step of the deer on the hill Thou art the stride of the steed on the plain Thou art the grace of the swan in spring Thou art the beauty of hawk on the wind

#### Unity of Opposites by Xia

You are the light. - I am the dark. I am the light. - You are the dark. I am the flame. - I am the breath that feeds the flame. I am the ebb. - I am the flow. I am the seed seeking the light. - I am the nurturing dark of the soil. I am the sun. - I am the moon. I am man. - I am woman. I am Yang. - I am Yin.



I am the Son of the Goddess. - I am the Mother of the God. I am the dark. - You are the light. You are the light. - I am the dark. As above. - So below. As within. - So without. All truths are half-truths. - All paradoxes are reconciled. Life is the dance of balance. - Life is the dance of balance. Come dance the dance of balance. - Come dance the dance of balance.

#### I am the Gardener of my Life

Spoken Word Goddess Liturgy Call and Response

Celebrant: Briana People: I am the Gardener of my life.

I am the Gardener of my life. I plant the seeds of my desires. I nurture the source of my dreams. I am the Gardener of my life.

I am the Gardener of my life. I plant the seeds of my desires I cultivate the growth of all my hopes. I am the Gardener of my life.

I am the Gardener of my life. I plant the seeds of my desires I discard the weeds of fear and limitation that would block my emergence into the light. I am the Gardener of my life.

I am the Gardener of my life. I plant the seeds of my desires I water the commitment to my highest aspirations. I am the Gardener of my life.

I am the Gardener of my life. I plant the seeds of my desires I glean the lessons of my deepest growth. I am the Gardener of my life.

I am the Gardener of my life. I plant the seeds of my desires I harvest the fruit of my work and dedication. I am the Gardener of my life.

I am the Gardener of my life. I nurture and protect the seeds of my heart. I create my world with care and intention. I am the Gardener of my life.

# Guiding Principles Temple of the Goddess

- We believe that every person is the living embodiment of the Divine and a manifestation of Divine Immanence.
- We respect that every person is their own spiritual authority and no one can define the Sacred and Divine for any one else.
- We recognize that there are many paths to the Divine, symbolized by the many "goddesses" and "gods" of all cultures and all lands.
- We support an ideology and spirituality of partnership of relations based on equality, reciprocity, and caring as opposed to domination and control.
- Though we recognize the Divine in many forms, the focus of that which we call the Divine is manifested in the feminine as "Goddess".
- We respect and love Mother Earth, Gaia, as a sacred entity who is part of and connected to a vast living cosmos. We believe She is immanent in all of nature, life, and the cycles of life. We honor the interdependence of the web of all existence of which we are each a strand.
- We believe the loss of the feminine consciousness and ideologies have caused near irreparable damage to humanity and the planet; and we believe that emergence of the feminine consciousness, in balance with the masculine, is the greatest hope for humanity and the planet.
- The feminine consciousness is the ability to create, nurture and enhance life, and therefore respecting the feminine nature in all beings and in all aspects of life has the power to greatly enhance healing and our quality of life on this planet, and conversely, disrespecting the feminine has and can cause damage to all of life because of its interconnectedness.
- We accept the abundant goodness of creation which purports that all beings are meant to live in joy, love, and harmony.
- We believe in a morality and ethics in which the primary imperative is to harm none.

# Temple of the Goddess Liturgy Call and Responses

# **Opening the Circle**

Celebrant: Ananda People: "Blessed Be You"

Spirits of Earth, the North We honor your gifts Blessed be You **Blessed Be You**  Spirits of Water, the West We honor your gifts Blessed be You **Blessed Be You** 

Spirits of Fire, the South We honor your gifts Blessed be You **Blessed Be You**  Spirits of Air, the East We honor your gifts Blessed Be You **Blessed Be You** 



# Words by Ananda Music: EPITAPH OF SEIKILOS (Greek Skolion from a Greek grave stele from the first century CE)

# Offering Thanks

Goddess Liturgy: Call and Response Celebrant: Ananda People: "We Remember You"

We offer our thanks Our hopes and our dreams To heal ourselves To heal the Earth We Remember You **We Remember You**  In gratefulness In thankfulness To heal ourselves To heal the Earth We Remember You **We Remember You** 

Words by Ananda Music: Classical Liturgy